

Could it be neuroendocrine cancer?

Neuroendocrine cancer is often called 'invisible cancer' because symptoms are non-specific, affect multiple body systems, and are frequently misdiagnosed.

Look for patterns, not just individual symptoms.

Digestive & abdominal

- ☐ New onset symptoms of IBS in people aged 50+
- ☐ Persistent bloating or wind
- ☐ Gastric disorders including heartburn
- ☐ Abdominal pain, discomfort or cramping
- ☐ Altered bowel habit: diarrhoea/constipation/fatty stools (steatorrhoea)

Respiratory

- ☐ Persistent dry cough
- ☐ Asthma symptoms
- ☐ Unexplained wheeze or shortness of breath

Hormonal & flushing

- ☐ Skin redness without sweating (dry flushing)
- ☐ Palpitations
- ☐ Menopause symptoms
- ☐ High/low blood sugar (hyper/hypoglycaemia)

General

- ☐ Fatigue
- ☐ Headache
- ☐ Allergy-like symptoms
- ☐ Anxiety and low mood symptoms
- ☐ Unintentional weight loss

FOR THE PUBLIC

Ongoing symptoms from more than one group? Ask your GP if neuroendocrine cancer has been considered.

FOR HEALTHCARE PROFESSIONALS

Look beyond the Usual Suspects and consider neuroendocrine cancer in patients with unexplained, multi-system or treatment-resistant symptoms, particularly with repeat presentations.

Neuroendocrine Cancer New Zealand offers a medical education module "Not Your Usual Suspects" that is accredited by the Royal New Zealand College of GPs.

neuroendocrinecancer.org.nz/knowledge-hub/gp-education